



Option 1

Wrap, grapes and crudities with houmous dip. Filling options are cajun chicken, BLT or spinach and mushroom with houmous.

£7.00 per head

Option 2

Soup and a sandwich, with crudities and dip. Vegetable soup or spicy squash soup or chicken soup.

£7.00 per head

Option 3

Spicey ricey box. A mixture of spicy vegetables and rice on a bed of spinach with roasted chickpeas.

£7.00 per head

Option 4

2 deli meats, 2 cheese, garlic roasted tomatoes and olives, chickpeas nuts and seeds.

£10.00 per portion



We need dietary requirements and numbers when booking.

Ideally we need three working days notice to provide your lunches. The more notice you give us the more flexible we can be.

To order please:

Call Shannon 07504 558 994 or

Email hello@icookyouserve.co.uk

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